

### Overview & Learning Points: *Confidentiality in Mentoring*

Confidentiality in mentoring is raised as a topic of discussion in mentoring education sessions and planning discussions. It has been suggested that confidentiality is the 'glue' in a mentoring relationship and is paramount to mentoring success.

**Key learning points** include:

- Confidential discussion in mentoring is paramount.
- Mentees and mentors need to consider information being shared – requires a layer of maturity to be applied – always think, 'Will this information create a conflict for my mentoring partner?'
- Level of confidentiality is still bound by an organisation's Duty of Care, Ethics Policy, and/or Code of Conduct, along with any other relevant policies.
- If in doubt about confidentiality in mentoring—speak with your mentoring partner and/or mentoring program coordinator (if applicable).

### General Notes ...

**After viewing the video, you might like to also reflect on these questions to guide your thinking and future discussion:**

1. How do you view confidentiality in a mentoring relationship?
2. What are your expectations with respect to confidentiality?
3. What is appropriate to share 'outside' the mentoring relationship without breaking confidentiality?
4. What potential conflicts of interest exist in your mentoring relationship in relation to confidentiality?
5. What have you and your mentoring partner discussed and decided upon about confidentiality in your mentoring relationship?

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**Series:** Talking Mentoring  
**Video:** Confidentiality in Mentoring  
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